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## From the Director

by Kathy Sanders

In this column, I usually try to focus my remarks on either library improvements and developments, or on campus information as it directly relates to how our University library operates. This time, however, I'm relating some important points about our work lives...not new points, for sure, but important ones. What are these points? They are nine tips on dealing with stress on the job. For those who'd like more detail, these are outlined in "Library Personnel News," volume 15, numbers 1-2, Winter/Spring, 2002.

**Take a breathing break...** Sometimes the focused work we do, with people or at our computers, allows stress to build up. It always helps to rise from your desk, and take a short walk around. What's even better, if possible, is to get some fresh air. Try it.

**Discover the real enemy.....** What is actually bothering you? Is it work-related? A troubled relationship? A physical ailment? Your home life? Spend some time thinking analytically about the real reason you are stressed. If you need help to identify what's bothering you, seek professional guidance. UALR provides free access for all faculty and staff to the Arkansas Employee Assistance Program (501-686-2588).

**Move it.....** Anybody will tell you that exercise almost always helps relieve stress. Exercise reduces erratic eating, enhances sleep, and generally promotes good health. So get up and get moving.

**Let go.....** There are many things in life that we cannot control. Try your best to learn what those things are...and let go of

them. Some of your stress will immediately leave!

**Beware the "To Do".....** Creating task lists is a good way to get organized and stay that way. But, be careful about concentrating too much on the things you haven't done. Focus instead on how much you have accomplished. It makes a difference.

**Toughen up.....** Critical remarks at work are inevitable. Try to remember that most of them are not meant personally. Turn critical remarks into positive suggestions for change. Clouds very often have silver linings.

**Share the load.....** Delegate whenever you can. Develop goal oriented teams. The people you work with are happy to help and want to be involved. Advancing the organization is a goal within every project.

**Work is not a four-letter word.....** Work should be an enjoyable, positive experience. If it is not, try to discover the reasons why. Strive for balance in your life between work, family, fun, and hobbies.  
**Know your rights.....** Check whatever employee manuals your organization produces so you can be as informed as possible about your employee rights. A well-informed employee is less-stressed.

Good reminders, huh?

## New Government Documents

**Our Flag (US Doc Y1.1/7: 107-145)** - In less than 50 pages, this Congressional publication briefly describes the history, appropriate practices and observances for its display, and proper care and handling of the flag. In addition to a wealth of information about the flag of the United States, background is provided for the flag of each of the fifty states, including the history of its design.

**Uplink-Downlink A History of the Deep Space Network 1957-1997 (US Doc NAS 1.21: 2001-4227)** - The latest edition to *The NASA History Series* transforms 40 years of technical records into a historical narrative on the Deep

Space Network. In addition to several chapters on the Network's history, each major interplanetary probe tracked by the DSN is given a lengthy chapter explaining the technology used, hardware and software upgrades completed, and information gathered during the problems lifetime. The photography and technical drawings included allow this volume to expand well beyond the history of which probe visited which planet, as might be implied by the title. The nearly 650 pages of text are indexed and a "Further Reading for Specialists" section provides 15 pages of additional sources for consultation.

**Mexico Environmental Technologies Export Market Plan (US Doc C 61.2: M 57/4/2001)** - For the first time in over 70 years, Mexico's federal government is under the control of a pro-business political party. As a result, widespread reform to promote economic and social development, with an emphasis on environmental issues, is underway. Because the new administration has been in office for only a few months, the plans are in various stages of development, some with very few details. The appendixes provide a list of Mexican and international agencies involved in the projects as well as a list of projects and related documents.

"A popular government without popular information, or the means of acquiring it, is but a prologue to a farce or a tragedy, or perhaps both. Knowledge will forever govern ignorance."

-- James Madison

## Calendar of Events

### American Library Association Annual Conference

13 - 19 June  
Atlanta, Georgia

### 4th of July

Library closed

### Arkansas Library Association Annual Conference

21 - 24 September  
Doubletree Hotel, Little Rock

### Friends of UALR Ottenheimer Library Board

25 September, 1:30 pm  
Ottenheimer Library Conference Room

## Proud of Our Own

**Jowa Islam**, Media supervisor, received his third master's degree during UALR's May 18<sup>th</sup> graduation ceremonies. He was awarded an MEd in adult education. Jowa's daughter, **Solona**, graduated from Little Rock's McClellan Magnet as number one in her class. The University of Arkansas at Little Rock has granted her a "Top Graduate Scholarship" paying tuition, fees, and cost of books for up to 18 hours in each of ten semesters.

**Karen Russ** has completed six years with the Library as a reference/government documents librarian and assistant professor. She received tenure from the University of Arkansas Board of Trustees at their April meeting. Karen was recently elected to serve as Chair of the American Library Association Government Documents Roundtable (GODORT) Nominating Committee for 2002-2003.

Librarian **Abby Holt** was recently selected to participate in the ACRL Institute for Information Literacy "Immersion '02" to be held August 2-7, 2002 at the University of Colorado in Colorado Springs. Abby competed with instruction librarians nationwide for one of the limited slots in this highly prestigious program.

**Jelena Radovanovic**, an international student from Bosnia, earned an academic scholarship from the College of Business for 2002-2003. She keeps a 3.7 GPA while working 20 hours a week in Circulation and playing on the women's volleyball team.

UALR's chapter of Phi Kappa Phi inducted two Library employees as new members last month at their annual ceremony. **Veronica Davis**, a full-time LAT II in Cataloging, maintains a 4.0 GPA while working toward a MA in technical and expository writing. She expects to graduate in Spring 2003. **Annie Boatwright**, a student employee in Collection Development, is a junior majoring in liberal arts with a GPA of 3.82. Congratulations to these two women!

Congratulations also to our other graduates for 2002: **Robert Cash**, Circulation supervisor, BS, Biology. **Arnold Rego**, Media student employee, BS, Engineering. **Mary Catherine Tee**, Cataloging student employee, AS, Nursing. Mary Catherine had to leave the Library staff before the end of the semester to fulfill her commitments as a Friday-Sturgis Scholar. Rob's wife, **Tammy Cash** (budget officer for the Cyber College), is also graduating this semester; with a BA in accounting.

Three Ottenheimer Library employees were recognized at UALR's Staff Awards Ceremony. **Linda Stipsky** complete 25 years of service to the University. **Tony Rose** received the 2002 Staff Achievement Award for Service to the Community and was recognized for 15 years of service. **Suzanne Martin** received the 2002 Staff Achievement Award for Personal Growth. Tony's and Suzanne's awards provide certificates and \$1,000.00 prizes.

### New (and Returning) Faces

Brian Walker joined Circulation & Reserve Services as an LAT II on May 16<sup>th</sup>. He and his family recently moved home to Arkansas after nine years in Nashville, Tennessee. As an Advance Auto Parts store manager, Brian developed skills in inventory control and merchandising that merge well with collection management. Brian is a business major transferring from Middle Tennessee State in Murfreesboro.

Ryan Parson returned to Ottenheimer's staff on June 3<sup>rd</sup>. He is now an LAT II in Cataloging. He previously worked in Archives & Special Collections and in Collection Development. Nine months of graduate history classes at Emory University helped Ryan sharpen his desire to teach. He will enroll in UALR's master of education in secondary education program in January 2003.

## New Reference Books

*Encyclopedia of Postmodernism.*  
REF B 831.2 .E63 2001

What is deconstruction or poststructuralism or metacriticism? Who is Jacques Derrida? This work provides answers to these and thousands of other questions about a movement that has provided thousands of humanities scholars with new approaches to old questions in philosophy, literary criticism, and the social sciences.

*Encyclopedia of Volcanoes.*  
REF QE 522 .E53 2000

More than 1400 pages in length, this is a serious scientific work, unlike most titles on this subject which focus on the "human interest" aspect of volcanoes. Almost eighty articles, each contributed by a geologist, are arranged under the following wider topics: Magma, Eruption, Effusive Volcanism, Explosive Volcanism, Extraterrestrial Volcanism, Volcanic Interactions, Volcanic Hazards, Eruption Response and Mitigation, Economic Benefits and Cultural Aspects.

*eResumes: Everything You Need to Know About Using Electronic Resumes to Tap Into Today's Job Market.*

REF HF 5383 .W453 2001

Books on writing resumes and cover letters receive more use than any other category of titles in the library. Older volumes are retired from the reference shelves and put into circulation. New titles, such as this one, are placed on the index table next to the reference desk in order to maximize their accessibility.

*The Librarian's Genealogy Notebook: A Guide to Resources.*

REF CS 9 .M66 1998

Long regarded as being academically incorrect, genealogical research has begun to be recognized as a topic in public history. Useful not only to librarians, this brief work tells what documents are available to genealogical researchers and how they may be used to go beyond the compilation of dates involved in genealogical charts to develop a family history; i.e., an account of who one's ancestors were and how they worked, lived, and traveled.

*Religion and the Law: A Dictionary*

REF KF 4865 .A68 A54 1999

This is a convenient source for information on leading cases and continuing controversies. Entries include: Abortion, Bible Distribution at Public Schools, Clergy Malpractice, Divorce, Epperson v. Arkansas, Fetal Rights, Home Schooling, Jury service, Property Tax Exemption, Religion in the Workplace Guidelines, Religious Freedom Restoration Act, Sunday Closing Laws, Vouchers, Zoning.

*Tools: A Complete Illustrated Encyclopedia.*

REF TJ 1195 .T627 2001

Richly illustrated and simply written, this work presents the basic facts about all of the major hand tools and machine tools used in woodworking. Chapters on measuring and marking tools, cutting tools, assembly and finishing tools are followed with a summary concluding chapter on the workshop.

## American Memory - Historical Collections -- National Digital Library: "Suffering under a Great Injustice": Ansel Adams's Photographs of Japanese-American Internment at Manzanar

Greatly disturbed by the treatment of Japanese-Americans after the attack on Pearl Harbor, Ansel Adams departed from his usual landscape photography to document the lives of those interred at the Manzanar War Relocation Center in California. In the Fall of 1943, Adams documented the daily lives of those living at the camp in the Eastern Sierra Nevada mountains. Focusing on family situations, daily routines, and recreational activities, Adams selected over 200 images and incorporated them into *Born Free and Equal*, a 112 page book published in 1944. Despite wide-spread anti-Japanese sentiment, the book made the San Francisco Chronicle's best seller list for two months in 1945.

In "*Suffering under a Great Injustice*": *Ansel Adams's Photographs of Japanese-American Internment at Manzanar*, the entire collection of his work at the camp, appears online for the first time. The *Collection Highlights* file shows several images in each of the following categories: Daily Life, Portraits, Agricultural Scenes, and Sports and Leisure Activities. In a special reproduction, the digital images present all 122 pages of Adams's *Born Free and Equal*, taken from a copy held by the Prints and Photographs Division.

For each page of the book, the viewer is presented three files, of varying resolutions. The larger JPEG and TIFF files take considerable time to load. Copies of the images can be ordered through the Library of Congress Photoduplication Service using the LC-DIG numbers included with the images. Pricing depends on the type of images desired and is explained in detail on the site.

Two chronologies, (the life of Ansel Adams and the history of the collection) a bibliography, and links to related resources are provided as part of the collection documentation. The American Memory collection may be accessed at <http://memory.loc.gov>.

### Ottenheimer News

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